

BALANCING

Truth & Enjoyment



Pleasure has been polluted



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**It is a harsh taskmaster, but a great
tour guide**



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**It is like a drug – each time we need a
bigger dose**



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**Being happy and finding satisfaction are gifts from
God**

Ecclesiastes 3:10-13 New Living Translation

10 I have seen the burden God has placed on us all. **11** Yet God has made everything beautiful for its own time. He has planted eternity in the human heart, but even so, people cannot see the whole scope of God's work from beginning to end. **12** So I concluded there is nothing better than to be happy and enjoy ourselves as long as we can. **13** And people should eat and drink and enjoy the fruits of their labor, for these are gifts from God.

**In the process of following Jesus, we can enjoy
God's gifts**



Ecclesiastes 5:18-20 New Living Translation

18 Even so, I have noticed one thing, at least, that is good. It is good for people to eat, drink, and enjoy their work under the sun during the short life God has given them, and to accept their lot in life. **19** And it is a good thing to receive wealth from God and the good health to enjoy it. To enjoy your work and accept your lot in life—this is indeed a gift from God. **20** God keeps such people so busy enjoying life that they take no time to brood over the past.

**In the process of following Jesus, we can enjoy
God's gifts**

God gives good gifts to his children



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11 For the LORD God is our sun and our shield. He gives us grace and glory. The LORD will withhold no good thing from those who do what is right. **12** O LORD of Heaven's Armies, what joy for those who trust in you. (Psalm 84:11-12)

God desires that we stop, look around and see the gifts he continually provides



I Timothy 6:17-18 New Living Translation

17 Teach those who are rich in this world not to be proud and not to trust in their money, which is so unreliable. Their trust should be in God, who richly gives us all we need for our enjoyment. **18** Tell them to use their money to do good. They should be rich in good works and generous to those in need, always being ready to share with others. **19** By doing this they will be storing up their treasure as a good foundation for the future so that they may experience true life.

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